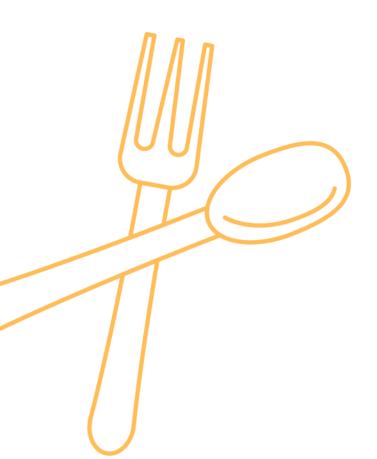
WHAT'S FOR DINNER?

15 Quick & Easy Meal Ideas for Lunch or Supper



Spaghetti & Meatballs

Baked Parmesan-crusted Pork Chops

Honey-glazed Salmon

Creamy Parmesan Garlic Mushroom Chicken

Apricot-glazed Pork Tenderloin

Shrimp Alfredo with Garlic

Lemon Pepper Tilapia with Butter

White Macaroni and Cheese

Mussel Fried Rice

Pesto Shrimp Mushroom Pasta

Beef and Green Bean Stir-fry

Beef Stroganoff

Garlic Butter Steak Bites

Spaghetti Carbonara

Pan-seared Chicken