

Sample Toddler Schedule for Working Moms

IMPORTANT NOTE: Make sure that your toddler's daycare provider is licensed by the state. That way you will rest assured that your kids are safe knowing their daycare is following state regulations.

- 6:00 a.m. – Wake up, go potty and wash hands
- 6:15 a.m. – Eat breakfast and get dressed for the day
- 6:45 a.m. – Leave for daycare
- 5:00 p.m. – Head home with mom or dad
- 5:30 p.m. – Go potty, wash hands, and have lots of snuggles
- 6:00 p.m. – Watch some educational shows
- 6:30 p.m. – Get ready for supper
- 7:00 p.m. – Suppertime
- 7:30 p.m. – Bedtime routine (bathing, brushing teeth, reading bedtime books, etc.)
- 8:00 p.m. – Sleep